

# SUPER T'S EVENTS



## 2024 EVENTS



**Rare Disease Day 2024 NIH:**  
February 29th



**Purse Bingo Fundraiser:**  
April 26th | Conshohocken, Pa



**Dysautonomia International's:**  
June 28-30 | 12th Annual  
Conference Chicago



**Super T's Grant Application:**  
June | Process Opens



**Mast Cell Disease Awareness Day:**  
October 20th



**Monte Carlo Night:**  
December 7th | Conshohocken, Pa

To view upcoming events,  
visit [supertmastcell.org/events](https://supertmastcell.org/events)

[supertmastcell.org](https://supertmastcell.org)

Mast Cell Warrior Taylor Nearon created the first foundation for fellow MCAD patients, providing financial support helping to offset living and medical expenses. Currently we are the ONLY nonprofit providing this resource.

Taylor believed every patient should have **access to information necessary** to be diagnosed, understand various treatment options, learn of possible conditions antagonized by a mast cell activation disease, possible comorbidities, and lastly, educational and supportive resources.

*Look where we started. Look how far we've come.  
**Look where we're going.***

[supertmastcell.org](https://supertmastcell.org)

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Super T's Mast Cell Foundation



SuperTsMCFoundation



STMCFoundation

Super Ts Mast Cell Foundation

*Follow us to stay up-to-date on all our events and latest news!*



**NOBODY  
FIGHTS ALONE.**

**WE WILL.  
WE CAN. WE ARE.**

**SUPPORTING & ADVOCATING  
FOR MAST CELL DISEASE**

# ABOUT US

## OUR MISSION

The mission of Super T's Mast Cell Foundation is to empower, support, connect, and educate patients and their support team, while raising awareness for the mast cell disease community.

**Only mast cell disease nonprofit providing financial support.**



**BECOME  
A MONTHLY  
CONTRIBUTOR  
OR MAKE A  
DONATION TODAY!**



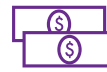
[supertmastcell.org](http://supertmastcell.org)

# PATIENT RESOURCES

- Patient resource guide
- Medication reference guide
- Provider pamphlet
- Super T's provides a community for patients



**GRANTS GIVEN TO DATE: OVER 30 PATIENTS**



**MONEY RAISED TO DATE: OVER \$150,000**

## OUR FOUNDATION'S IMPACT

*"I really enjoy all the information you share about mast cell on your page, it's really helpful. Support systems are key." -AKB*

*"Being a Super T's grant recipient has allowed me to focus on my health without having to worry about the financial burden that the condition causes due to medical expenses, travel costs, impact of specialty food and products and more. As a disabled individual, the grant not only provided financial security but connected me to additional resources such as advocacy tools, educational information, and a wealth of resources." -Emma Widmar*

## CURRENT FOCUS AND GOALS

- ▶ Provide education and training by mast cell disease specialist for conference or seminar needs.

# WHAT IS A MAST CELL? WHAT IS MAST CELL DISEASE?

Mast cells are a normal part of our immune system. They release chemicals such as histamine, prostaglandins, and more in a process called degranulation. MCAD is an umbrella term for all Mast Cell Diseases. In mast cell disease, one can have too many mast cells (Mastocytosis) or have mast cells erupt at inappropriate times (MCAS). This can cause a multi-system inflammatory and allergic response that can present with an array of symptoms. The reactions can range from mild to life threatening. Triggers can vary and are often different from traditional allergens. Reactions can be ignited by skin-to-skin contact or may be airborne. Ingestion is not necessary to antagonize the mast cells.

### EXAMPLES OF POSSIBLE TRIGGERS:

- ▶ Exertion/Exercise
- ▶ Illnesses/Infections
- ▶ Insect Bites/Stings
- ▶ Friction
- ▶ Dyes
- ▶ The Unknown
- ▶ Sunlight
- ▶ Physical Stress
- ▶ Emotional Stress
- ▶ Medications
- ▶ Foods
- ▶ Heat/Cold
- ▶ Smells
- ▶ Scents



[supertmastcell.org](http://supertmastcell.org)