

MEDICATION REFERENCE GUIDE

Please note: It is recommended the guide be used with direction of a licensed medical professional or with guidance from your treating mast cell specialist. Some medications may need to be used in conjunction with antihistamines, mast cell stabilizers, and/or antiemetics. Brand names of drugs may differ from one country to the next.

MEDICATION TYPE	AVOID OR USE WITH CAUTION	TOLERATED MEDICATIONS
General Medications	<ul style="list-style-type: none"> Alcohol Alpha-adrenergic blockers Beta blocker (inhibits epinephrine; if epinephrine is needed in a patient on a beta blocker, glucagon is preferred over epinephrine for anaphylaxis.) Dextran Dextromethorphan Estrogens Polymyxin B Quinine 	<p>*If a patient experiences an adverse reaction to a medication product (especially if the reaction is emerging fairly soon after the patient began using the product), consider the possibility the reaction may be driven by one or more of the excipients (fillers, binders, dyes, preservatives, etc) mixed with the drug/product. Once an excipient becomes strongly suspected or proven to be a trigger, the patient's allergy list should be updated.</p>
Pain Medications	<ul style="list-style-type: none"> Non-steroidal anti-inflammatory drugs (unless the patient is already taking a drug from this class) Opioids/Narcotics 	<ul style="list-style-type: none"> Buprenorphine Fentanyl (may require adjunct treatment with anti-nausea drugs) Hydromorphone Tramadol
General Anesthetics and Sedatives	<ul style="list-style-type: none"> Atracurium Doxacurium Mivacurium 	<ul style="list-style-type: none"> Cisatracurium Desflurane Isoflurane Ketamine Midazolam Pancuronium Propofol (may contain egg and/or soy) Sevoflurane Vecuronium
Local Anesthetics	<p>Ester-Type Local Anesthetics</p> <ul style="list-style-type: none"> Benzocaine Chloroprocaine Procaine Tetracaine 	<p>Amide-Type Local Anesthetics</p> <ul style="list-style-type: none"> Bupivacaine Levobupivacaine Lidocaine Mepivacaine Prilocaine Ropivacaine
Antibiotics	<ul style="list-style-type: none"> Amphotericin B Fluoroquinolones Penicillins Sulfonamide antibiotics Vancomycin IV 	<p>*Tolerated antibiotics without additive ingredients</p> <p>*Antibiotics which are poorly tolerated in some formulations may be better tolerated in other formulations with alternative sets of excipients.</p> <p>*Most other antibiotics, including vancomycin given orally, tend to be tolerated well.</p>

References:

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