

## Upcoming Events

October 6th: Superhero  
Showdown Race

*Join us for our 3rd annual 15k, 5k,  
and 1 mile run/walk at the  
Norristown Farm Park*

*Registration at: Norristown High  
School 1900 Eagle Drive,  
Norristown, PA 19401*



December 8th Monte Carlo Night  
of Entertainment

*Details to come, follow us on  
social media to stay up to date!*



## Social Media



Supertsmcfoundation



stmcfoundation



Super Ts Mast Cell Foundation



Super T's Mast Cell Foundation

Website: [supertmastcell.org](http://supertmastcell.org)

Email: [supertsmcfoundation@gmail.com](mailto:supertsmcfoundation@gmail.com)

Taylor Nearon created the only  
foundation for Mast Cell patients  
providing financial grants to offset living  
and medical expenses.

Taylor felt every patient should be  
provided with information pertaining to  
correct diagnosing options, treatments,  
possible conditions brought on by mast  
cell, and supportive resources i.e.  
social media links, foundation links, as  
well as websites.

# Super T's Mast Cell Foundation

Nobody Fights Alone.  
Together We Can Find a Cure.



## Our Mission

The mission of Super T's Mast Cell Foundation is to increase awareness through education and support for the Mast Cell community, medical professionals and the public.

Additionally, providing financial assistance for patients diagnosed with Mast Cell Disease.

## Our Vision

To improve the quality of life for patients and families affected by Mast Cell. We will offer physician based medical literature for patients and caregivers, featuring resources within the Mast Cell community such as social media links, foundations and support outlets.

Additionally, we will offer yearly events to raise funds so STMCF may provide grants in order to support those diagnosed with Mast Cell.

## Our History



## What is Mast Cell?

Mast Cell reactions occur once the cells are triggered by either a known or unknown cause. Once they begin to release chemical mediators, symptoms may be mild to severe. In some instances, the reaction can lead to anaphylaxis; a life-threatening allergic reaction.

Triggers, overtime, can change with each exposure of a trigger.

Reactions can be ignited by skin to skin contact or airborne. Unlike your typical case of allergic/anaphylaxis, ingestion is NOT necessary to antagonize the Mast Cells.

### Examples of Possible Triggers

Exertion/Exercise	Foods
Dyes	Medications
Illnesses/Infections	Heat/Cold
The Unknown	Sunlight
Insect Bites/Stings	Smells
Emotional Stress	Friction
Physical Stress	Scents